

October 2015

# PURA News

## 2015 Kick-off Luncheon

Purdue retirees and their guests gathered on September 14 at Four Points Sheraton in West Lafayette for the annual fall kick-off luncheon. Over 260 were in attendance. There was music, song, and a nostalgic and very entertaining address by Dr. Vic Lechtenberg on, “Reflections on a Purdue Career”. Warmly known across the Purdue community as “Vic”, he spoke about what has always impressed him about Purdue: the outstanding national and international reputation, and the sheer friendliness and practicality of the campus, colleagues, and staff.

He told numerous stories about various aspects of his career and kept the audience laughing. One story was about a university agriculture business trip to Southern Indiana which involved two fighting bulls bumping into the Purdue car and leaving a large dent! Upon returning to campus, the professors had to write up a formal accident report to explain the incident. In the report they referred to the perpetrators as Bull A and Bull B. They were never again given a newer car when checking one out of transportation!

Newly retired after 48 years at Purdue, Vic was awarded the Griffin in June for his efforts “way beyond the call of duty” and is still on an as-needed basis out of the president’s office. He was presented with a Purdue cap with large letters printed on the back which simply said, “RETIRED”.

Another highlight of the luncheon was the awarding to Scott Rumble the Betty M. Nelson Award (see accompanying article). After the luncheon Members could purchase the book selected for the second PURA Read to be held in the spring. The book was written by honors students and is titled, “Little More Than a Memory: Purdue Students Search for the Class of 1904”. Members purchased the book at a 20% discount which is also available to PURA members on any Purdue Press publication.



*Victor 'Vic' Lechtenberg*

# The Voice of the Band



In 1956 Roy Johnson arrived in West Lafayette, joined the Purdue Military Marching Band and found himself a member of the Big Bass Drum Crew. It was the beginning of a 60 year association. Roy later marched with his clarinet and was a member of the symphony orchestra. As a senior, he served as executive officer assisting with drill writing.

After receiving his B.S. and M.S. in engineering, he served as a residence hall counselor, as a supervisor of academic affairs, on the commencement committee and as the commence-

ment orator. During this time, Roy's commitment to Purdue bands and orchestra expanded. Joining the staff in 1966, he helped design the new uniforms, conducted nearly 140 concerts, traveled to bowl games, Radio City Music Hall, many lands, and became the "Voice of the Band".



Of course he didn't do this all alone, but had help from his wife, Sarah. Together they became unofficial parents to the young musicians, opening their home to feed them every semester, supplying them with Chicago symphony tickets and traveling with them on band trips.



# W. Scott Rumble Receives The Betty M. Nelson Recognition Award



W. Scott Rumble received the Betty M. Nelson Recognition Award at the annual kick-off luncheon. The award recognizes persons or entities whose outstanding contributions have improved the lives of Purdue retirees.

Scott retired from Purdue in 2002 after over 40 years with the Purdue PURA, first serving on the Hospitality and Community Service Committee. In 2007 he was elected Cooperative Extension Service. He

worked in 6 Indiana counties with the longest time in Tippecanoe County. Upon retirement he immediately became active in PURA President-elect and served as President in 2008-09. Since then he has served on the Benefits, Endowment, and Kick-off Luncheon Committees. He currently is chairing the Purposeful Living in Retirement Conference Committee. During his tenure on this committee the conference has become an annual vs. initially a biannual event each spring. Each year it has attracted more PURA members and friends and added an increasing number of vendors. Scott received a plaque and his name will be added to the permanent mounted one in the Purdue Memorial Union. Past recipients have included Don Gentry, Harland White, Roy Johnson, Kate LaMar, Michele Salla, the A.H Ismail Center, Human Resources, and the Purdue Federal Credit Union. Congratulations, Scott!

## *Photographer Wanted for PURA Events*

If you like to take pictures PURA would welcome your talents at its many events and activities. We need pictures taken at each monthly luncheon, trip, tour, and campus event as well as the Kickoff Luncheon, Purposeful Living in Retirement Conference, and Transition Meeting. We only ask that you send the pictures via .jpg to Karen Lembcke, co-chair Communications and Carolyn Jones, Historian. Pictures may turn up in the *PURA NEWS* and/or be deposited in the Purdue Archives. If interested, please contact the person in charge of the PURA function in which you could be the



# **Purdue University Retirees Association**

## **Health Insurance Plans Renewed**

### **for 2016**

The Benefits Committee of the Purdue University Retirees Association (PURA) has renewed the PURcare and Medicare Advantage PPO group health insurance plans with United Healthcare (UHC) for 2016 **with a reduction in premium for PURcare members and no premium increase for Medicare Advantage members.**

The goals of the committee were to maintain the very best medical and drug insurance plans with the lowest premiums possible, while maintaining your ability to manage your health care with your Medicare doctor. The committee worked to position the plans for the future when escalating costs in the healthcare industry, rapid cost increases in prescription drugs and the reductions in federal subsidies are anticipated to continue.

After three months of work by the committee, consultants from Aon Hewitt and the staff of Purdue Human Resources, a renewal has been accomplished. **PURcare, the Purdue sponsored Senior Supplement plan and Part D Prescription Drug Plan, will continue for 2016 with the same medical/vision benefits. The total premium will be \$263.96 per member per month, a 4.4% reduction in the premium from 2015. How did we do that?**

**For the PURcare Prescription Drug Plan** United Healthcare originally proposed a 23% increase for the same plan as 2015. The reasons given for such a dramatic increase were:

- escalating costs of all drugs, especially generics and specialty drugs,
- changes to member's cost sharing during the Gap stage (Donut Hole) with Maximum Co-Pays implemented in 2013,
- the introduction of several new and very expensive specialty drugs, often used to treat cancer, Alzheimer's disease, diabetes, depression and other life threatening illnesses.

The committee could not accept a 23% increase, therefore we reviewed several options over the past 2 months to find a way to control the escalating cost of premiums. United Healthcare presented an option called CMS minimum gap coverage, in which members would pay 58% of the costs for generic drugs and 45% for brand name drugs in the Gap, until they reached the 2016 Catastrophic stage at \$4,850 True Out-of-Pocket (TrOOP) costs. PURcare members pay nothing for prescriptions in the Cata-

strophic phase above the \$4,850 TrOOP.

This is similar to the plan design prior to 2013, when members paid 50% of the cost of all covered prescriptions at retail drug stores. Such a plan works very well into the future, when in 2020 members will only pay 25% of drug costs in the Gap. Returning to a percentage in the Gap with no maximum co-pays helps us take full benefit of the reductions in cost sharing in the Gap legislated for the next four years.

**The PURcare total premium for medical/vision and prescription coverage for 2016 will be \$263.96/member/month. This is excellent coverage that remains very competitive in the market. Members will save \$12.26 per month (or \$147.12 per year) compared to 2015.**

**Members with Rx coverage from the Veterans Administration - for 2016 the PURcare Supplement-only premium will be \$189.70/member/month.**

**For The Medicare Advantage PPO Plan, United Healthcare proposed a 5% increase in premiums. The committee negotiated to have no increase in premium with changes to the co-payments for Office Visits and Emergency Room services, and the Maximum Out-of-Pocket amount:**

- **Primary Care office visit \$20**
- **Specialist office visit \$35**
- **Emergency Room \$75**
- **Maximum Out-of-Pocket \$3400/calendar year**

Without some plan changes the premium would have increased by 5% making it very difficult for some of our members to continue on the plan. The survey of our members indicated they didn't want the premium to rise, and if a change had to be made to maintain a level premium, they would recommend changes in the co-pays. Even with these changes the plan is well below the industry trend for costs and remains a good and competitive buy for our members. The reduction of subsidy from Medicare started last year and will continue until the plans are not subsidized by Medicare in the year 2020.

**For 2016, the premium for the Medicare Advantage Plan will be the same as for 2015 at \$208.49/member/month.**

**Members enrolled in either of the retiree group plans who do not want to make a change: your coverage will automatically continue for 2016 – no re-enrollment.**

If you decide to terminate your Purdue Retiree group coverage for a non-Purdue plan, you will **not** be able to join again at a later time. -



### *Wellness Screenings*

Wellness Screenings will be available during the flu shot program days on October 10th, 12th, 16th, and 27th. Nursing will be there the entire day that the flu shots are given. October 5<sup>th</sup> Wellness Screenings will take place at Westminster from 8am-1pm. November dates for screenings are November 9th from 9am-1pm and November 16<sup>th</sup> from 8am-1pm. November 9th will include hearing along with the Wellness and Ankle Brachial Indexing. Read below to learn about the ABI.

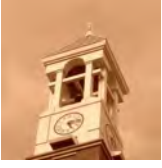
The Nursing Center for Family Health is adding yet another free screening to the Wellness Screenings offered at HHS Lyles-Porter Hall. Ankle Brachial indexing (ABI) will be added to our screenings on November 9th. This test for peripheral vascular disease can provide valuable health information to those that may be experiencing leg cramping or discomfort. Appointments are limited. This service has primarily been offered in Indianapolis but we have been lucky enough to get 2 days here in the Nursing Center for Family Health with Professor Bruno Roseguini.

If appointment times fill, we hope to be offering in the spring semester also. To schedule, email Chris Rearick at [crearick@purdue.edu](mailto:crearick@purdue.edu) with your name and phone # and she will call you back to confirm. You may



# Upcoming Events

- Oct. 5 PURA Luncheon Program – MCL Cafeteria, 11 AM Design of Bicentennial Torch and PURA Scholar Reports presented by Sue Scholer and Mike Piggot, Coordinator for Tippecanoe County.
- Oct. 5 Wellness Screening at Westminster - 8am – 1pm
- Oct. 8 Fall Walking Tour – 2-4 pm Sponsored by PURA Campus and Community Committee and the Wabash River Enhancement Corporation. Tour begins at 13th Street and Cincinnati Street. The tour will begin at the straw bales at the intersection of 13th Street and Cincinnati Street, Lafayette. Plenty of street parking is available on Erie Street. Rain date is Oct. 15.
- Oct. 10 Wellness Screening/Flu Shot Program Day
- Oct. 12 Flu Shots – 8:30am – 4:30pm – Turfgrass Research and Diagnostic Center, 1340 Cherry Lane, W.L.
- Oct. 14 “Wacky Wednesdays at the Movies” for Seniors, 2015  
“St. Vincent” at Eastside 9 Theater. Breakfast Snack – 9 am – Cost \$1; 9:30 – Movie
- Oct. 16 Wellness Screening/Flu Shot Program Day
- Oct. 24 PURA Trip/Cruise Celebrate The Belle of Louisville’s 101st year! Check website for further details.
- Oct. 27 Flu Shots – 8:30 am – 4:30pm - Kurz Purdue Technology Center, 1281 Win Henschel Blvd., Conf. Room B
- Nov. 2 PURA Monthly Luncheon – MCL Cafeteria – 11 am. Deba Dutta, PhD., Executive Vice President For Academic Affairs and Provost
- Nov. 9 Wellness Screening – Westminster – 9am – 1pm Also includes hearing and ankle brachial Screening. Contact Chris Rearick at [crearick@purdue.edu](mailto:crearick@purdue.edu) or 496-0308 for appointment.



**PURA**

Purdue University Retirees Human Resources — Benefits

401 S. Grant St. West Lafayette, IN 47907-2024

## **It's Time to Get Your Flu Shot**

\*CHL will be administering the Flucelvax, pre-filled syringe, Trivalent. See your provider if you need an alternative vaccine.

Make yourself a flu fighter! Getting an annual influenza vaccine is the No. 1 way to fight the flu. Purdue University is once again providing seasonal flu shots on the West Lafayette campus for its official retirees and their spouses / same-sex domestic partners. You don't need an appointment. Just bring your PUID and get your flu shot. It's that simple! You, too, can fight the flu!

### **October 12 and October 16**

8:30 a.m. – 4:30 p.m.

Daniel (William H.) Turfgrass Research & Diagnostic Center

1340 Cherry Lane

LOCATION: The Turfgrass Center is located off Cherry Lane, next to the Birck Boilermaker Golf Complex.

PARKING: Use any space in front of the Turfgrass Center

As an added bonus on these days, wellness screenings, provided by the Purdue Nursing Center for Family Health, will be offered. The brief health screenings will measure blood pressure, weight, height, body mass index (BMI) and cardiac risk ratio. The screening also includes a “finger stick” test to check cholesterol, high density lipoprotein and glucose levels. \*Purdue retirees and their spouses can receive one wellness screening at no cost once every 12 months; all others or for additional screenings - \$40.

### **October 27**

8:30 a.m. – 4:30 p.m.